

FLIP IT!

The FLIP IT Strategy Online Course

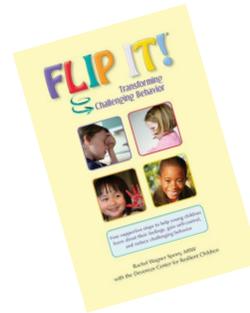
www.centerforresilientchildren.org/flip-it/flipitonlinelearning



Teachers and parents can help children learn about their feelings and gain self-control by using the following mnemonic:

F - Feelings, L - Limits, I - Inquiries, P - Prompts

FLIP IT's four simple steps transform challenging behavior using a simple, kind, strength-based, commonsense, and effective process.



Research Supports FLIP IT!

The Center for School-Based Mental Health Programs at Miami University recently published an evaluation of the FLIP IT strategy. The study found that child protective factors increased and parent-child relationships improved steadily across a six-month period after parents learned this simple and effective strategy for transforming challenging behavior. As a result, the researchers recommended that programs continue to both sustain and support the use of FLIP IT.

Learn this GREAT strategy ONLINE at your own pace!

This course will teach participants the four supportive steps of FLIP IT in an online learning format. This online learning course has a running time of 2.5 hours. Upon completion of the course, 0.5 CEUs are available (5 hours), factoring in time for the interactive pieces, reflection, application of the skill, and learning assessment. The cost of the course is \$35.00 and if CEU documentation is needed, CEUs can be obtained through Western Kentucky University for a cost of \$25.00. The course can be completed over time, **on your own time**, and not just in one sitting! For more information or to take this course, go to www.centerforresilientchildren.org/flip-it/flipitonlinelearning.



And now this course is approved by both the Kentucky Division of Child Care and the Pennsylvania Quality Assurance System (PQAS) for 5 Early Care and Education Clock Hours!

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“Excellent training. Great examples. Love the ease of the webinar. Well done!”

“Thanks for a great course. I am an LCPC and plan on teaching this intervention to some of the parents I work with, and also to use it in my consulting job at Head Start. I am also considering suggesting my daughter's daycare provider train her employees through this course. Thanks!”

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For organizations interested in licensing and volume pricing, please contact:
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