

DO THIS AT HOME  
**That's My Name!**

Try this activity at home to reinforce what your child learned about building relationships and making personal connections.

**What Your Child Will Learn**

Exposing children early to making personal connections through use of others' names is a great way to begin promoting social and emotional development because it gives them a secure base to help them establish trust, feel attached, and know they are safe to explore and learn new things.

**Materials Needed**

pictures of friends and family members

**What to Do**

- ▶ Show your child the pictures of friends and family members. Ask your child to name each person.
- ▶ Talk with your child about his or her name, and how it was chosen.
- ▶ Make up a funny story together, using the people from the photographs and your child.
- ▶ Act out the conversation. You play the role of the person in the photograph, making sure to focus on saying your child's name.

\*You can download this activity and the other at-home activities in this book at  
[www.centerforresilientchildren.org/SSES](http://www.centerforresilientchildren.org/SSES).