

DO THIS AT HOME  
**Responsibility Apple Tree**

Try this activity at home to reinforce what your child is learning about being responsible.

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**What Your Child Will Learn**

The word responsible can be a “big” word for children to understand. However, when you help your child to see what responsible behaviors look like, she will soon learn to understand what the word means and, more important, how to carry out such behaviors herself. By providing her with a visual, this activity helps her understand how her responsible behaviors can create growth!

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**Materials Needed**

colored construction paper  
large brown paper

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**What to Do**

- ▶ Introduce the word “responsibility” as meaning “taking care of ourselves and each other,” “being kind to each other,” “helping,” “caring for our home and toys,” and so on.
- ▶ Help your child understand that in your home, your responsibility tree will grow if we all help take care of ourselves, each other, and our home.
- ▶ Invite your child to help you trace and cut a tree shape, branches, and apples from the colored paper.
- ▶ Explain that the Responsibility Apple Tree will grow new apples each time someone in the family demonstrates responsible behavior.
- ▶ Each time your child acts responsibly, add a new apple to the Responsibility Apple Tree. Write the date on the apple and describe the friendly behavior.
- ▶ Have a basket of pre-cut apples ready to record the great “growing” that is sure to take place.
- ▶ To let your child know responsible behavior is not just for her, encourage her to add apples to the tree when she sees adults, siblings, and others in the home showing responsible behavior.

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\*You can download this activity and the other at-home activities in this book at [www.centerforresilientchildren.org/SSES](http://www.centerforresilientchildren.org/SSES).