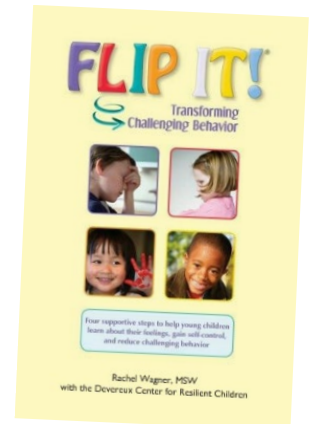


FLIP IT Online Course

Teachers and parents can help children learn about their feelings and gain self-control by using the mnemonic:

F – *Feelings*, **L** – *Limits*, **I** – *Inquiries*, **P** – *Prompts*

These four steps transform challenging behavior using a simple, kind, strength-based, commonsense, and effective process. FLIP IT is nothing new, but transforms best practice into a strategy that is easy to remember and portable. FLIP IT teaches adults how to respond positively to everyday challenges and challenging behaviors in children (ages 3-8).



Learn this evidence-based strategy online and at your own pace



The FLIP IT Online Course, 2nd Edition, teaches the four supportive steps of FLIP IT in an online learning format. The course can be completed in one sitting or over a period of time! It has a total running time of approximately 2.5 hours. For more information or to purchase a course slot today, go to www.moreFLIPIT.org. You can also access a free demo!

Research supports FLIP IT

An independent evaluation of the FLIP IT strategy, conducted by the Center for School-Based Mental Health Programs at Miami University, found that FLIP IT appears to be an effective method for decreasing children's challenging behaviors and increasing children's ability to express emotions and manage behaviors in healthy ways. In addition, parent-child relationships improved steadily across a six-month period after parents learned this simple and effective strategy for transforming challenging behavior.

Pricing

Individual = \$30 each
Group of 10-49 = \$27 each
Group of 50 or more = \$24 each

If you have questions or are interested in licensing this course, contact Debi Mahler at dmahler@devereux.org.

"The FLIP IT Online Courses have been going great. I bought one for each of our classroom teachers... They really like the idea that they can complete it in sections when they have free time..."

– Sue West, Opportunities for Otsego (NY)

"After a month of FLIP IT, my son told me that I don't yell anymore."

– A mother of a 4-year-old boy